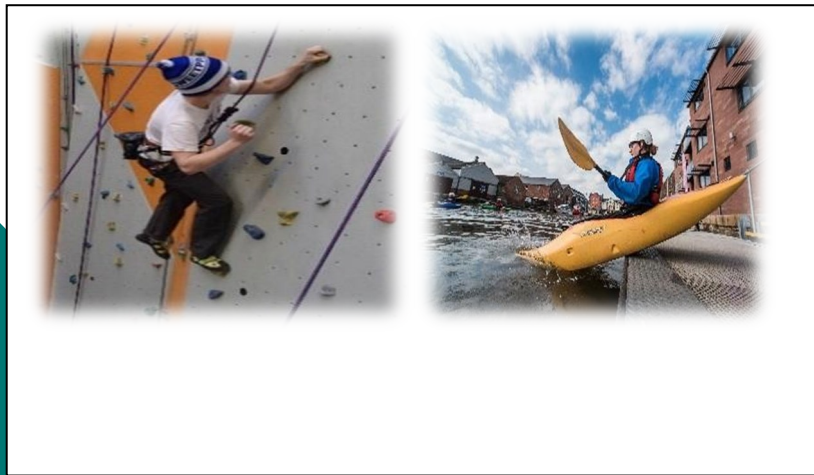


Sport and Outdoor Activities

BTEC Level 3 Extended Diploma



This course combines the practical and theoretical elements of the Sport & Outdoor Adventurous Activities Industry and is equivalent to three A Levels. It will prepare you for employment within the Outdoor Adventure industry or to progress on to University to study the subject at a higher level.

The course consists of 12 units of study which is made up of a combination of Sport and specialist Outdoor Units.

Course Units:

- Personal Skills Development in Outdoor Activities
- Applied Leadership and Instructing in Outdoor Activity
- Outdoor Activity Provision
- Impact and Sustainability of Outdoor Activities
- Health and Safety Factors in Outdoor Learning
- Expedition Experience
- Health, Wellbeing and Sport
- Research Project in Sport (externally set assessment)
- Careers in the Sport and Active Leisure Industry
- Nutrition for Physical Performance
- Fitness Training
- Anatomy and Physiology in Sport

How will I be taught and assessed?

You will be taught at Haven Banks Outdoor Education Centre. Lectures will be both theoretical and practical. Assessments consists of reports, presentations, practical observations.

Length of course

2 years

How much will it cost me?

- Course fees to cover NGB qualifications, some residentials, minibus use – see resource leaflet approx. £250

Additional qualifications:

You will be offered the opportunity to achieve the National Governing Body qualifications in a number of Outdoor Activities.

Entry requirements


You will need the personal qualities required to work in the Outdoor and Adventurous Activities Industry. Standard entry requirements are as follows: 5 GCSE's at grades '4-9' with a grade '4' in GCSE English Language. Those students who have not achieved grade 4 in Maths will be expected to continue towards achieving this whilst on the course.


Careers and further opportunities:

On completion of this course you may wish to progress to an appropriate course at Higher Education or enter the Outdoor Adventurous Activities Industry directly.

For further information

Contact: Faculty of Business, Tourism & Adventure

 01392 400289

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 @ExeterCollege

