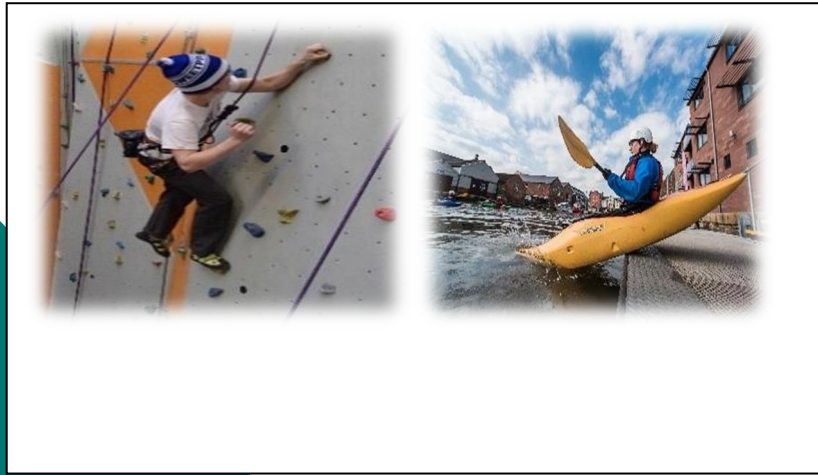


# Outdoor Adventurous Activities BTEC Level 2 Diploma (Sport)



This is a full-time one year course that will enable progression onto the two year level 3 in Outdoor Adventure or offer a pathway to either an apprenticeship in Outdoor Education or to work in the industry itself. The course will combine both practical and theoretical elements of the Outdoor Adventure Industry.

The course consists of a total of 11 units of study which is made up of a number of specialist and core units:

- Fitness for sport and exercise
- Practical sport performance
- Carrying out a sports related project
- The mind and sports performance
- The sports performer in action
- Training for personal fitness
- Anatomy and physiology for sports performance
- Practical land based OAA
- Practical water based OAA
- Land based OAA leadership
- Water based OAA leadership

## How will I be taught and assessed?

You will be taught at Haven Banks Outdoor Education Centre. Lectures will be both theoretical and practical. Assessments consists of reports, presentations, practical observations. There are externally assessed units through online exams.

## Length of course

1 year

## How much will it cost me?

- Course fees to cover NGB awards, some residentials, minibus use – see resource leaflet approx. £170

## Additional qualifications:

You will be offered the opportunity to achieve the National Governing Body qualifications in several Outdoor Activities.

## Entry requirements


You will need the personal qualities required to work in the Outdoor and Adventurous Activities Industry. You will need 4 GCSE's at grade '3' or above. Those students who have not achieved grade 4 in Maths and/or English language will be expected to continue working towards achieving this whilst on the course.


## Careers and further opportunities:

On completion of this course you may wish to progress onto the two year level 3 in Sport & Outdoor Activities, or a pathway to either an apprenticeship in Outdoor Education or to work in the industry itself.

## For further information

Contact: Faculty of Sport, Leisure and Tourism

 01392 400289

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