

# Haven Banks Outdoor Education Centre

## Activities Price List – 2019

Prices effective from 1<sup>st</sup> January 2019 – 31<sup>st</sup> December 2019

Activity	Details	*Suggested Duration	1-6 Participants	7-12 Participants
Kayaking and Canoeing	Introductory, taster & recreational sessions, birthday parties, beginners or progressive courses leading to British Canoeing Personal Performance & Paddlepower Awards and Accreditations.	2 hours	£72	£132
White Water/Weir Kayaking/Canoe*	Experience the skills and thrills of moving water. Paddle the local weirs or head to a local White Water River such as River Exe, Dart, Teign or Barle.	2 hours 3 hours	Local Weirs £81 WW River 1£113 (4 max)	Local Weirs £150 WW River £226 (max 8)
Sea Kayaking*	Coastal and estuary sea kayaking ventures take you on a memorable journey, exploring coastlines, estuaries and beaches. Your choice of venue, however the Exe Estuary, Jurassic Coast and Torbay area always prove popular.	3 hours	1£113 (max 4)	£226 (max 8)
Stand Up Paddle Boarding	Supping is the new water-sport that is exploding into popularity. Essentially it is standing on a giant surfboard and propelling yourself along with a single ended paddle.	2 hours	£72	£132
Bell-Boating	Boats designed to remove the fear of taking part and to help with team work and co-operation and basic paddling skills. Great for racing as well!	2 hours	N/A	£118
Dragon Boating	A fantastic team orientated activity where timing, cohesion and co-operation are key to success. Suitable for all ages and abilities. For children we recommend a minimum of 14 participants and a maximum of 18 participants. For adults we recommend a minimum of 12 participants and a maximum of 16 participants.	1 ½ hours	N/A	2£150
Sailing – Toppers @ Haven Banks	Introductory/Taster sessions, beginners or progressive courses leading to RYA Awards and Accreditations.	2 hours	£85	£140
Sailing – Pico/Stratos On the Exe Estuary	A fantastic location to improve your skills on tidal waters. Full use of Starcross Yacht Club (SYC) parking, changing/shower and member facilities.	2 ½ hours	£146	£200
Sailing – Estuary Cruising Drascombe Longboat	Sailing appropriate for all ages & ability levels. Arguably one of the area's most picturesque sailing locations. An abundance of wildlife awaits you. Full use of SYC changing/shower and member facilities.	2 ½ hours	£165 (Max 9)	
Windsurfing	Introductory/Taster sessions, beginners or progressive courses leading to RYA Awards and Accreditations.	2 hours	£85	£140
Wheelie Boat	An all-inclusive motor boat designed with bench seats and clear areas to accommodate wheelchair users. Sessions can include journeys along the Canal and up the River Exe.	1 ½ hours	£92 (Max 8)	
Climbing Wall @ Haven Banks	Haven Banks Wall offers realistic replicated rock-climbing for all standards. <b>Include a Powerfan<sup>1</sup> Descent for an additional £4.50 per person.</b> (minimum 6 participants & included in session time)	2 hours	£84	£140
Climbing Wall @ The Quay Climbing Centre	Introductory and Intermediate climbing at The Quay Climbing Centre. Price includes entry fee.	2 hours	£117	£178
Tower Abseil	Abseiling from Exeter's 22 metre iconic Tower offers some fantastic views, as well as the thrilling "rappel" descent. Abseils can be set at 6, 13 or 20 metres. Ideal activity building trust, confidence, and peer support.	1 hour	£62 X1 rigged abseil	£84 X2 rigged abseils
Activity	Details	*Suggested Duration	1-6 Participants	7-12 Participants

Artificial Cave	Welcome to the fascinating world of the artificial cave, 50 linear metres of replicated and realistic cave system. Featuring stalactites, stalagmites, a sump and chamber. Lots of “sporting” squeezes and intriguing passageways. A great introduction to cave exploration.	1 hour	<b>£60</b>	<b>£79</b> (max 8)
Tower Climb > 20 metres	Haven Banks iconic Tower offers top and bottom rope climbing to 6. 13 and 20 metres. Set routes of varying ease and difficulty allow climbers to ascend to what we believe is the regions highest artificial structure. Additionally, as with our Climbing Wall, all routes can be led for lead climbing,	1 hour	<b>£62</b> X1 rigged climb	<b>£84</b> X2 rigged routes
<ul style="list-style-type: none"> <li>• Abseil Tower</li> <li>• Climb Tower</li> <li>• Artificial Cave</li> <li>• Climbing Wall</li> </ul>	Any two combined: Tower Abseil, Tower Climb, Artificial Cave, Climbing Wall @ Haven Banks <i>(Generally we split the group in two groups and have an hour of each activity).</i>	2 hours (2 x 1 hour)	<b>£88</b>	<b>£157</b>
Powerfan	Our Powerfan offers an adrenaline free-fall experience like no other. Plummet 20 metres before being gently and safely lowered to the ground. (minimum number of participants may apply)	N° Descents. (same person) <b>x1 = £8.50. x2 = £10. X3 = £12</b>		
Archery*	Introductory sessions to this historic hunting skill. Various Tests, Tasks and Challenges await!	>2 hours	<b>£78</b>	<b>£127</b>
Orienteering*	Suitable for all ages and ability levels. Navigate as individuals or as a team.	>2 hours	<b>£66</b>	<b>£91</b>
Team Building and Problem Solving*	Selected tasks will challenge the team. Focus on communication, planning, trust and support, decision making and team integration.	>2 hours	<b>£70</b>	<b>£111</b>
Improvised Raft Building*	With the primary focus of team work. Plan, build and paddle your teams own improvised raft to a designated location.	>2 hours	<b>£71</b>	<b>£125</b>
Rock Climbing and/or Abseiling*	A variety of crag options available to suit every ability level. Dartmoor, South Devon Coast and Chudleigh Rocks.	>2 ½ hrs	<b>1£113</b>	<b>£183</b>
Coasteering – Torbay	A coastal exhilarating adventure. Traverse, Swim, Climb, Scramble and Jump-off along Torbay’s rocky coastline.	>2 ½ hrs	<b>1£129</b> Includes access fee	<b>£241</b> Includes access fee
Caving – Pridhamsleigh Cavern (Ashburton)	An introduction to the fascinating underground environment. Routes selected to suit age and ability level. Suitable for all ages.	>2 ½ hrs	<b>1£103</b> Inc access fee	<b>£186</b> Includes access fee
Moorland Walking/Navigation*	Duration to suit and can include overnight camps and expeditions. Learn navigation and map work en-route. Venues Include Dartmoor, Exmoor, and Woodbury Common.	Half Day >4 hours	<b>1£98</b>	<b>£177</b>
Canoe/Kayak Camp @ Turf Locks – Inc. Food	A great two day and one night adventure paddling down the Exeter Canal or River Exe onto the estuary. BBQ, campfire and camp at Turf and return via the Exeter Shipping Canal the following day. Other options available. Please enquire	2 full days 1 evening	<b>1£80pp</b>	<b>£80pp</b>
Mountain Biking* - Haldon/Woodbury Common	Route selection based on age and ability. Session to suit and can include Leadership tuition, skills and challenges to suit. Accreditation available Via MIAS. Additional bike hire charges included in children’s prices.	2 ½ hours	Adults <b>£99</b> Children <b>1£136</b>	Adults <b>£186</b> Children <b>£268</b>

# Facility Overview & Pricing 2019

The Centre offers a choice of fantastic lecturing, conferencing, function and meeting spaces which provide any organisation with first class facilities and resources. No matter what your intended use, facilities can be adapted to suit. Each training room has superb river and/or canal views and each is equipped with state-of-the-art interactive whiteboards ICT and AV facilities.

Facility	Details		Per Hour	Half Day (>4 hours)	Full Day (>7 hours)
Training Rooms 201 & 202	50 sqm	Each room offers seating and table options for up to 24 students/clients. Tables and chairs can be cleared to allow extensive practical floor space. Each room comes complete with PC and Interactive Whiteboard and AV options. Training room 2 provides a servery from the kitchenette for refreshments (optional) and rooms 1 and 2 can be combined to offer larger conferencing facilities for up to 80 delegates. (see below)	£32	£72	£98
Training Room 203	48 sqm		£32	£72	£98
Training Room 204 - IT Suite/ Training Room Only	55 sqm	The IT Suite has seating for 24 students/clients. An Interactive Whiteboard and AV option. 24 state-of-the-art PC stations border the room.	£32	£72	£98
Training Room 204 - IT Suite Including use of PC's	55 sqm		£42	£78	£108
Training Rooms 201 & 202 Combined Conference Room.	101 sqm	Combining training rooms 1 and 2 opens the room to provide seating for 48 guests seated at desks or with tables cleared, seating for >80 guests. Double-driven interactive whiteboards allow the same presentation to be delivered to all delegates. Refreshments and catering are also available as an option. (see below)	N/a	£113	£176
Wet Training Room	24 sqm	An innovative approach to outdoor/indoor training. The wet training room allows groups to come straight off the water to partake in theoretical elements of their course or training before heading straight outside again. Teaching, presentations and video analysis can be delivered and reviewed from a PC and wall mounted 55" LED screen or whiteboard.	£30	£63	£88
Changing Facilities	Each changing room includes showering and toilet facilities for varying group sizes and abilities. Each fitted with benches, coat hooks, and group storage cupboards. Our provision also includes family and disabled changing facilities. Good ventilation and under-floor heating to all rooms provides all-year round comfort. Prices per group per session. Additional charge may apply for out of hours use		Large £23 Free for users of the Centre	Family £20 Free for users of the Centre	Disabled £20 Free for users of the Centre
Kitchenette	A fully equipped kitchenette with range oven & hob, microwave oven, refrigerator, dishwasher and hot water dispenser, sink with draining board and wash hand basin. Crockery, cutlery and glasses and plastic beakers and jugs for parties. Price based on cleaning cooker, microwave cutlery, crockery and surfaces after use.		£16.00	£21	£36
Refreshments	Refreshments can be provided by arrangement. Additional charges apply. Please make requests at the point of booking.				
Catering	We accept and allow outside caterers and users of the Centre to supply their own catering. Please ask for suggestions and the contact details of the outside catering services we have used in the past.				
Pontoons	Chargeable by arrangement.				

- <sup>1</sup>Groups of 6 minors or less without an adult participant in the group will require x2 staff members and the price will need to be adjusted to reflect this.
- <sup>2</sup>Dragon Boats can accommodate numbers greater than 7-12. The price given is fixed per boat up to the maximum participant numbers outlined in the description.
- Additional numbers of participants over the maximum group size will be charged at the 1-6 or 7-12 to ensure appropriate staff/student ratios are maintained. The Centre must be informed well in advance if you intend bringing additional numbers.
- # Suggested Session duration can be tailored to the groups requirements.
- \*Activities can be run at venue of choice i.e. school/college etc. following risk assessments and an additional cost for travel expenses.

# Haven Banks Outdoor Education Centre

## First Aid & Safety Training Price List



As well as delivering courses from Haven Banks Outdoor Education Centre, courses can also be delivered at a suitable venue of choice. The venue must include a suitably comfortable learning environment with data projection, IT/AV and plenty of space for practical demonstrations and practice. Toilets must be easily accessible and refreshments should also be available for regular breaks during the day(s). A suitable outdoor area is also required for Outdoor First Aid courses.

Prices include:

- Teaching & training aids
- Comprehensive printed student materials.
- Instructor & administration fees
- Course completion letter and Certification.
- Theory & Practical Assessments (where applicable).
- Refreshments



Course	Duration	Individual	Group of 12 Students
<b>First Aid at Work</b>	18 hours	£210	£1,850
<b>Outdoor First Aid</b>	16 hours	£145	£1,400
<b>First Aid at Work Requalification</b>	12 hours	£125	£1,300
<b>Sports and Activity First Aid</b>	12 hours	£125	£1,300
<b>Paediatric First Aid</b>	12 hours	£125	£1,300
<b>Emergency Paediatric First Aid</b>	7 hours	£90	£780.00
<b>Emergency First Aid at Work</b>	6 hours	£80	£750.00
<b>Emergency Aid and the Appointed Person</b>	4 hours	£45	£450.00
<b>Manual Handling</b>	3 hours	£35	£750 (20 candidates)