

# First Aid International

# Paediatric First Aid

## Course Information Sheet



The Paediatric First Aid course is designed to train individuals to provide immediate first aid care for infants and children. This course also includes adult essential skills in basic life support as they differ from the skills of the infant and child.

This course meets the first aid requirements of Ofsted for the Early Years Foundation Stage standards, the National Childminding Association, the Pre-School Learning Alliance, and the Department for Children, Schools and Families Surestart guidelines for Paediatric First Aid.

This course will provide first aid skills necessary to manage an infant or child that is not breathing normally, is unconscious, bleeding or is ill or injured prior to the arrival of the emergency services.

The Paediatric First Aid course which includes adult basic life support skills also meets the recommendations of the HSE Health and Safety at Work Regulations for Appointed Persons in the Workplace.

This course is mapped to the learning outcomes of the Level 2 Award in Paediatric First Aid.

For full details of the course content please see overleaf.



### Course Specification

#### INTENDED PARTICIPANT:

Teachers, Child Carers and Parents

#### MAX STUDENT INSTRUCTOR RATIO:

12 Candidates: 1 Instructor

#### MAX CLASS SIZE:

24 Candidates (with 2 instructors)

#### COURSE DURATION:

Initial Training: 12 hours

Retraining time: 12 hours

#### ASSESSMENT:

Knowledge and skills assessment

#### CERTIFICATE EXPIRY:

3 years from date of completion

First Aid International are approved by the Health and Safety Executive Northern Ireland, Dubai Corporation for Ambulance Services (DCAS), Health Authority Abu Dhabi (HAAD) and the Labour Department - Hong Kong Special Administrative Regional Government.

# In this course you will learn the following skills:

## INTRODUCTION

- Principles of First Aid
- Chain of Survival
- Emergency Management Procedure
- Care Cycle™

## ESSENTIAL SKILLS

- Scene Survey
- Exposure Protection

## BASIC LIFE SUPPORT

- Primary Survey, Recovery Position and Reassessment
- CPR Infant (Cardiopulmonary Resuscitation)
- CPR Child
- CPR Adult
- Alternative Ventilation Procedures
- Introduction to Automated External Defibrillation (AED)
- Infant Choking
- Child Choking
- Adult Choking

## LIFE THREATENING CONDITIONS

- Severe Bleeding
- Shock Management

## SECONDARY SURVEY

- Patient History Taking
- Physical Assessment
- Patient Report Form (PRF)

## BREATHING PROBLEMS

- Asthma
- Croup
- Hyperventilation
- Chest Injuries

## ENVIRONMENTAL PROBLEMS

- Burns and Scalds
- Electrical and Chemical Injuries
- Heat Exhaustion and Heat Stroke
- Hypothermia
- Poisoning

## NERVOUS SYSTEM PROBLEMS

- Epilepsy Seizures
- Febrile Convulsions
- Head Injuries
- Spinal Injuries
- Meningitis

## OTHER MEDICAL PROBLEMS

- Allergies
- Anaphylaxis
- Diabetic Emergencies
- Fainting
- Sickle Cell Anaemia

## OTHER INJURIES

- Fractures
- Dislocation
- Sprains and Strains
- Eye Injuries
- Minor Injuries
- Wounds and Bleeding
- Foreign Bodies
- Bites and Stings

## FIRST AID HEALTH AND SAFETY

- First Aid Kit
- Accident Recording

## LEARNING STYLE:

Each section of the book will guide you step by step through each of the essential skills required to be a competent first aider. Through the process of seeing hearing and doing you will learn how to provide first aid in an emergency both safely and effectively. As you complete each skill you will develop the skills, knowledge, techniques and confidence to respond in an emergency.

## INTRODUCTION:

Your instructor is a fully certified First Aid International instructor who is current with the procedures and knowledge required to ensure you have the best possible learning experience. Each Instructor is registered with First Aid International and renews their status annually to ensure that only current and competent instructors deliver your training and assessment.

## CERTIFICATION:

Certificates are issued by First Aid International using our Centre Management Information System (CMIS). CMIS provides a quick efficient service to all our clients.



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