

# First Aid International Emergency Paediatric First Aid

## Course Information Sheet



The Emergency Paediatric First Aid course is designed to train individuals to provide immediate first aid care for infants and children. This course also includes adult essential skills in basic life support as they differ from the skills of the infant and child.

This course will provide first aid skills necessary to manage an infant or child that is not breathing normally, is unconscious, bleeding or is ill or injured prior to the arrival of the emergency services.

This course is suitable for Nannies wishing to join the Voluntary part of the Ofsted Childcare Register (OCR).

For full details of the course content please see overleaf.



### Course Specification

#### INTENDED PARTICIPANT:

People requiring basic skills in first aid for Adults, Children and Infants

#### MAX STUDENT INSTRUCTOR RATIO:

12 Candidates: 1 Instructor

#### MAX CLASS SIZE:

24 Candidates (with 2 instructors)

#### COURSE DURATION:

Initial Training: 7 hours

Retraining time: 7 hours

#### ASSESSMENT:

Continuous by instructor

#### CERTIFICATE EXPIRY:

3 years from date of completion

First Aid International are approved by the Health and Safety Executive Northern Ireland, Dubai Corporation for Ambulance Services (DCAS), Health Authority Abu Dhabi (HAAD) and the Labour Department - Hong Kong Special Administrative Regional Government.

# In this course you will learn the following skills:

## INTRODUCTION

- Principles of First Aid
- Chain of Survival
- Emergency Management Procedure
- Care Cycle™

## ESSENTIAL SKILLS

- Scene Survey
- Exposure Protection

## BASIC LIFE SUPPORT

- Primary Survey, Recovery Position and Reassessment
- CPR Infant (Cardiopulmonary Resuscitation)
- CPR Child
- CPR Adult
- Alternative Ventilation Procedures
- Introduction to Automated External Defibrillation (AED)
- Infant Choking
- Child Choking
- Adult Choking

## LIFE THREATENING CONDITIONS

- Severe Bleeding
- Shock Management
- Epilepsy Seizures
- Minor Injuries
- Burns and Scalds
- Heat Exhaustion and Heat Stroke

## FIRST AID HEALTH AND SAFETY

- First Aid Kit
- Accident Recording
- Patient Report Form (PRF)

## LEARNING STYLE:

Each section of the book will guide you step by step through each of the essential skills required to be a competent first aider. Through the process of seeing hearing and doing you will learn how to provide first aid in an emergency both safely and effectively. As you complete each skill you will develop the skills, knowledge, techniques and confidence to respond in an emergency.

## INTRODUCTION:

Your instructor is a fully certified First Aid International instructor who is current with the procedures and knowledge required to ensure you have the best possible learning experience. Each Instructor is registered with First Aid International and renews their status annually to ensure that only current and competent instructors deliver your training and assessment.

## CERTIFICATION:

Certificates are issued by First Aid International using our Centre Management Information System (CMIS). CMIS provides a quick efficient service to all our clients.



First Aid International Ltd  
EMP House, Telford Way, Coalville,  
Leicestershire LE67 3HE  
United Kingdom

Tel: +44 (0)1530 512420  
Fax: +44 (0)1530 512439  
Email: [info@firstaidinternational.com](mailto:info@firstaidinternational.com)  
Website: [www.firstaidinternational.com](http://www.firstaidinternational.com)

