

First Aid International Emergency First Aid at Work

Course Information Sheet



The Emergency First Aid at Work course is designed to train individuals and company staff that requires Health and Safety Executive approved first aid at work training to meet the requirements of the First Aid at Work Regulations.

This course will provide all the required first aid skills necessary to manage a patient that is not breathing normally, is unconscious, bleeding or is ill or injured prior to the arrival of the emergency services.

For full details of the course content please see overleaf.



Course Specification

INTENDED PARTICIPANT:

HSE Trained Workplace First Aid

MAX STUDENT INSTRUCTOR RATIO:

12 Candidates: 1 Instructor

MAX CLASS SIZE:

24 Candidates (with 2 instructors)

COURSE DURATION:

Initial Training: 6 hours

Retraining time: 6 hours

ASSESSMENT:

Continuous by Instructor

CERTIFICATE EXPIRY:

3 years from date of completion

First Aid International are approved by the Health and Safety Executive Northern Ireland, Dubai Corporation for Ambulance Services (DCAS), Health Authority Abu Dhabi (HAAD) and the Labour Department - Hong Kong Special Administrative Regional Government.

In this course you will learn the following skills:

INTRODUCTION

- Principles of First Aid
- Chain of Survival
- Emergency Management Procedure
- Care Cycle™

ESSENTIAL SKILLS

- Scene Survey
- Exposure Protection

BASIC LIFE SUPPORT

- Primary Survey, Recovery Position and Reassessment
- CPR Adult (Cardiopulmonary Resuscitation)
- Alternative Ventilation Procedures
- Introduction to Automated External Defibrillation (AED)
- Adult Choking

LIFE THREATENING CONDITIONS

- Severe Bleeding
- Wounds and Bleeding
- Shock Management
- Epilepsy and Seizures
- Minor Injuries

FIRST AID HEALTH AND SAFETY

- First Aid Kit
- Accident Recording
- Patient Report Form (PRF)

LEARNING STYLE:

Each section of the book will guide you step by step through each of the essential skills required to be a competent first aider. Through the process of seeing hearing and doing you will learn how to provide first aid in an emergency both safely and effectively. As you complete each skill you will develop the skills, knowledge, techniques and confidence to respond in an emergency.

INTRODUCTION:

Your instructor is a fully certified First Aid International instructor who is current with the procedures and knowledge required to ensure you have the best possible learning experience. Each Instructor is registered with First Aid International and renews their status annually to ensure that only current and competent instructors deliver your training and assessment.

CERTIFICATION:

Certificates are issued by First Aid International using our Centre Management Information System (CMIS). CMIS provides a quick efficient service to all our clients.



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