

First Aid International Community First Aid

Course Information Sheet



The Community First Aid course is designed to train members of the public that require basic first aid skills.

This course will provide first aid skills necessary to manage a patient that is not breathing normally, is unconscious or is bleeding prior to the arrival of the emergency services.

For full details of the course content please see overleaf.



Course Specification

INTENDED PARTICIPANT:

Members of the public that require first aid skills

MAX STUDENT INSTRUCTOR RATIO:

12 Candidates: 1 Instructor

MAX CLASS SIZE:

24 Candidates (with 2 instructors)

COURSE DURATION:

Initial Training: 4 hours

Retraining time: 4 hours

ASSESSMENT:

Continuous by instructor

CERTIFICATE EXPIRY:

3 years from date of completion

First Aid International are approved by the Health and Safety Executive Northern Ireland, Dubai Corporation for Ambulance Services (DCAS), Health Authority Abu Dhabi (HAAD) and the Labour Department - Hong Kong Special Administrative Regional Government.

In this course you will learn the following skills:

INTRODUCTION

- Principles of First Aid
- Chain of Survival
- Emergency Management Procedure
- Care Cycle™

ESSENTIAL SKILLS

- Scene Survey
- Exposure Protection

BASIC LIFE SUPPORT

- Primary Survey, Recovery Position and Reassessment
- CPR Adult (Cardiopulmonary Resuscitation)
- Alternative Ventilation Procedures
- Introduction to Automated External Defibrillation (AED)
- Adult Choking

LIFE THREATENING CONDITIONS

- Severe Bleeding
- Shock Management

FIRST AID HEALTH AND SAFETY

- First Aid Kit
- Patient Report Form (PRF)

LEARNING STYLE:

Each section of the book will guide you step by step through each of the essential skills required to be a competent first aider. Through the process of seeing hearing and doing you will learn how to provide first aid in an emergency both safely and effectively. As you complete each skill you will develop the skills, knowledge, techniques and confidence to respond in an emergency.

INTRODUCTION:

Your instructor is a fully certified First Aid International instructor who is current with the procedures and knowledge required to ensure you have the best possible learning experience. Each Instructor is registered with First Aid International and renews their status annually to ensure that only current and competent instructors deliver your training and assessment.

CERTIFICATION:

Certificates are issued by First Aid International using our Centre Management Information System (CMIS). CMIS provides a quick efficient service to all our clients.



First Aid International Ltd
EMP House, Telford Way, Coalville,
Leicestershire LE67 3HE
United Kingdom

Tel: +44 (0)1530 512420
Fax: +44 (0)1530 512439
Email: info@firstaidinternational.com
Website: www.firstaidinternational.com

