

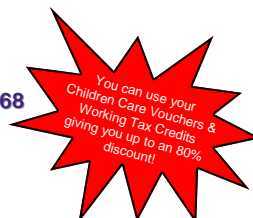


Haven Banks Outdoor Education Centre

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Easter Activities

April 2nd - April 13th 2012

Mon 2nd - Thur 5th April

Tue 10th - Fri 13th April.



This Easter the adventures continue. We have a program running over the 2 week holiday period. Each week will have a full 4 day program of activities on offer, allowing a full Easter Bank Holiday weekend with the family.

What's Available? - A variety of land & water based outdoor & adventurous activities. These include: Kayaking & Sailing courses, Multi Activity weeks, Dartmoor Adventure days & Watersports days. **New for Easter 2012 - Water & Wall**, a half day of kayaking & a half day of climbing at **The Quay Climbing Centre**, Exeter's new indoor climbing facility

What time? - Full day & full week activity programs run from 9.30am - 4.30pm with the option of an early drop & late collection for busy parents. Half day courses run from either 9.30am-12.30pm or 1.30pm - 4.30pm.

What ages? - Courses are available for those aged from 8-16 years. However, don't forget our Family & Adult Courses!

How much will it cost? - Courses & sessions vary in price and we try to keep them as low as possible. We accept Working Tax Credits & Childcare Vouchers. Please ask for more information.

Safety & Staff? - All staff are fully qualified under the relevant National Governing Bodies, each holding a valid first aid qualification & Enhanced CRB check. As well as being Ofsted registered, the Centre is also approved & recognised by the BCU, RYA & holds an AALS Licence & Learning outside the Classroom Quality Badge & Adventuremark.

If you have any questions whatsoever, please email or telephone us.



KAYAKING & WATERSPORTS ACTIVITIES

KAYAKING

BCU Paddlepower Passport - 9.30am-12.30pm. (£56)

4 mornings of kayaking for beginners. Individuals will work towards Paddlepower Passport*. Four progressive levels based on 24 topics which can be grouped into Safety Awareness, Paddling Skills, Varied Experiences, and Supporting Knowledge. The award is equivalent to 1 Star. As well as having great fun, learning new skills and meeting new friends. Price Includes BCU Paddle Power Passport Logbook.

KB1 - Mon 2nd April - Thur 5th April KB2 - Tues 10th April - Fri 13th April



BCU Paddlepower Discover - 1.30pm - 4.30pm. (£63)

An improvement/intermediate course of 4 afternoons, that helps paddlers develop skills on flat water. Paddlepower Discover* follows on from Passport with a further 4 levels to take the young paddler to equivalent of 2 star standard. Price Includes BCU Paddle Power Discover Logbook. **Ki1 - Tues 10th April - Fri 13th April**

Sea Kayak Day Trip 9.30am - 4.30pm (£52)

A 1 Day Sea Kayaking Adventure. Hugging the beautiful rocky & rugged coastline. The days journey will include short passages, rock-hopping, exploring sea caves, taking breaks on secluded beaches and spotting local wildlife. Who knows we may see Dolphins or the resident seals! Participants should be equivalent to Paddlepower Discover to join this course. **SK - Wednesday 4th April.**



WW Kayaking Day - 9.30 - 4.30pm. - (£44)

A brilliant days White-Water Kayaking on the River Exe. Learn new skills & techniques for paddling on moving water. Skills will include breaking in & out, ferry gliding & safe river descents. Participants should be a minimum of Paddlepower Passport standard. **KWW Wednesday 11th April**



Watersports Days

Sail & Kayak Watersports Day - 9.30am-4.30pm. (£44)

A fantastic water based activity day, with 2 activities, Kayaking & Sailing. Both really entertaining and excellent fun. Rig your Topper and cruise around the River Exe using only the power of the wind. Then after lunch, learn another new skill & have fun 'n' games kayaking.

WSD1 - Tuesday 3rd April WSD4 - Thursday 12th April



Canoe & Raft-build Watersports Day - 9.30am-4.30pm. (£42)

Another great water based day, again with 2 activities but this time Raft-Building & Canoeing. These activities offer an excellent alternative & a great introduction to our water-based activity programs.

WSD2 - Thursday 5th April WSD 3 - Tuesday 10th April



Please remember our **Adult & Family Courses** & other holiday activity programs taking place throughout the **Summer Holidays, May, October & February Half Terms.**

* Please note. Some courses are progressive, others there is an assessment criteria. Young people must be at the required standard to achieve awards and certification. Please discuss with a member of staff prior to booking

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SAILING & ADVENTURE WEEKS & DAYS

Sailing

Beginners Sailing - 1.30pm - 4.30pm. (£64)

4 afternoons Sailing on the River Exe, using Toppers, working towards R.Y.A Young Sailor Awards* or just learn how to sail your own Topper. A great week of full on fun, enjoyment and skill.

SB1 - Mon 2nd - Thurs 5th April. SB2 - Tues 10th - Fri 13th April



Improvers Sailing - 9.30am - 4.30pm. (£86)

A 2 day course for those already holding a sailing award. Based on the Exe Estuary, the course aims to improve your sailing skills and techniques with the added skill of tidal sailing. Using Laser Pico's, young sailors will also have the chance to work towards further RYA awards*. Limited places - Meet at Starcross Yacht Club. **Si - Wed 4th - Thurs 5th April**



Dartmoor Adventure Day

RCC - Rock-Climb & Caving Day - 9.30am - 4.30pm (£48)

Explore the intriguing underground world of chambers and passages, where speleothems grow. "what's that" I hear you say? Come along and find out. Then head deeper onto the moor to climb various granite routes on the Tors of Dartmoor.

RCC1 - Mon 2nd April RCC2 - Fri 13th April



Multi Activity Adventure Weeks

Multi Activity Week (Option 1) - 9.30am - 4.30pm. (£96)

An action packed week full of adventure, offering a variety of fantastic activities. These may include, kayaking, canoeing, climbing wall, archery, orienteering, raft-building, bell-boating, team-building. A week not to be missed.

M1(a) Mon 2nd - Thurs 5th April . M1(b) Tues 10th - Fri 13th April



Multi Activity Week (Option 2) - 9.30am - 4.30pm. (£109)

The ultimate Easter adventure, offering a variety of fantastic activities. These may include, kayaking, canoeing, climbing wall, archery, sailing, raft-building & what makes this course even more fantastic is a combined **Caving & Climbing day**. A week not to be missed.

M2 - Tues 10th - Fri 13th April



Water & Wall Day

Kayaking & Climbing Wall Day - 9.30am - 4.30pm (£47)

New for Easter 2012 - a full day of adrenaline fuelled fun. A morning of water-based fun & games kayaking followed by a full afternoon of indoor climbing at **Exeter's brand new Quay Climbing Centre**. You will be taught new skills & techniques in both activities but fun is the reason we're here. A real must for a full day of fun!
WW1 - Tue 3rd April. 9.30am - 4.30pm



Early Drop Off / Later Collection - This option is for those busy parents who need to drop their child or children to the Centre earlier and/or collect them later than the activity times. Parents chose this option to drop off any time after 8.15am and/or collect them up to 5.30pm. (£6) per day.



